

		ge to the Internet Counseling Service em below, or use your own idea.	about a problem you	
	o much TV." e too much."	"I go shopping too much." "I talk on my cell phone too much."	"I work too much." "I study too much."	
	Mohamm Internet Coun My Prob			
watch to like to sv like to m I also hav	o much TV vitch it off. eet my frid ve got eyes	d, and I'm 18. I think I have /. I spend 5 or 6 hours daily . I always think and talk abo ends or family, and I am los sight problems. My friends to more friendly. My parent	in front of the TV. I don out TV programs. I don't ing at my studies. I thin are not happy with me.	R.

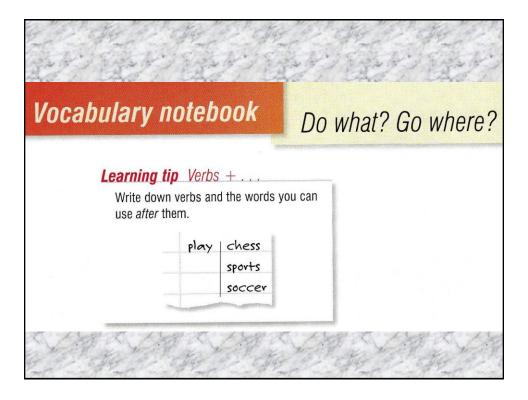
B Write an e-mail have. Write about a				bout a problem you	
"I watch too much T "I stay home too mu	0	o shopping too muc ilk on my cell phone		"I work too much." "I study too much."	
From: Naw: To: Interne Subject: Do I	af ^{et} Counseling have a P	Service roblem?			
problem. I driv fly like a plane father lost a lo	ve very fa e. I have h ot of mon give up fa	st. Wheneve ad 5 acciden ey because o st driving. I k	r I sit on th ts, and I ha f that. I wa now it is ve	nt. I think I hav e driving seat, ve destroyed 5 s badly injured ery dangerous.	l want to cars. My many

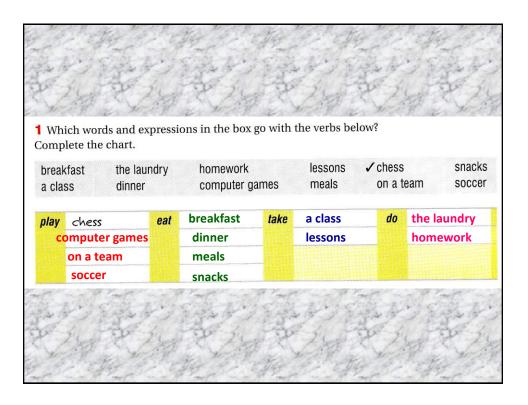
From: Khalid To: Internet Counseling Service Subject: My Problem

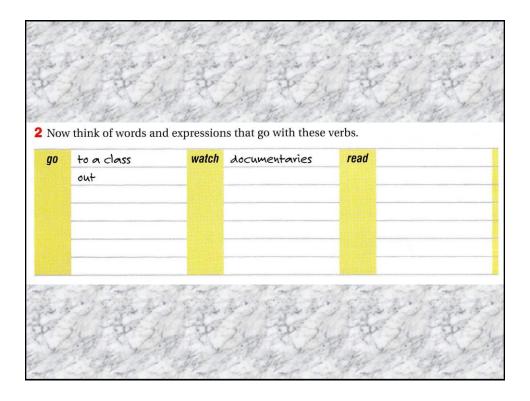
Hello! I'm Khalid. I am 18 years old, and I am a student. I think I have a problem. I usually use my cell phone in the classroom. I can't understand the lessons because of it. My teachers get angry with me. My friends also dislike that. I want to change myself, but I can't stop using facebook. I always play games on my phone. I was a very good student, but now my grades are really bad. I want to give up this bad habit. How can I stop it? Please help! Khalid

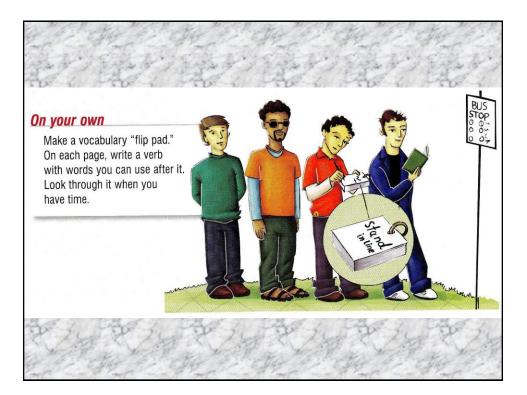
My Free Time

Life is busy these days, so almost every one likes to have free time. I like my free time too. I don't have a lot of free time, because I am a hardworking student. In my free time, I like to go out with my friends. Sometimes I go shopping with my family. I eat out with my cousins on the weekends. Playing football is my hobby in free time. In the evening, I watch TV and go on the Internet when I have free time. I sometimes visit my grandparents on the weekends. Sleeping is enjoyable for me in my free time. I like what I do in my free time.









	Unit 5 Progress chart				
a a	Mark the boxes below to rate your progress. $\mathbf{I} = \mathbf{I}$ know how to $\mathbf{I} = \mathbf{I}$ need to review how to	To review, go back to these pages in the Student's Book			
Grammar	 ask simple present information questions use time expressions like <i>once a week</i> use frequency adverbs like <i>sometimes</i>, <i>never</i>, etc. 	44 and 45 44 and 45 46			
Vocabulary	 name at least 6 new free-time activities name at least 6 kinds of TV shows talk about likes and dislikes 	44 and 45 47 47			
Conversation strategies	 ask questions in 2 ways to be less direct use <i>I mean</i> to repeat an idea and say more 	48 49			
Writing	use <i>and</i> and <i>but</i> to link ideas	51			

